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endurance and efficiency may be maintained. The New Cookery gives tested recipes with caloric value for a large variety of foodstuffs except meat; including a brief chapter on food values and the art of preparing foods. This is not a book on dietetics, rather a collection of recipes with explicit directions for their application.

**HYGIENE FOR NURSES.** By Nolie Mumey, M.D. C. V. Mosby Company, St. Louis. Price, \$1.25.

"The object of this small volume is to give the pupil nurse facts on the subject without going into detail and burdening her mind with statistics that are not practical in her work." The subject is divided into ten chapters which are brief and superficial. The text is illustrated.

**NURSING TECHNIQUE.** By Mary C. Wheeler, R.N. J. B. Lippincott Company, Philadelphia, Pa. Price, \$1.50.

This book on Nursing Technique is unique in its arrangement, most practical in detail, and comprehensive in its scope. There are included all nursing procedures: Ward Housekeeping, Bed Making and Care of Beds, Baths, General Care of Patients, Medical Topics, Technique of Surgical Treatments, and Emergencies. Each separate procedure is arranged in outline under such heads as, for instance; A. Object, B. Time, C. Articles needed, D. Method. There are sixteen pages of tabulated symptoms; thirty-one rules for the guidance in giving medicines; formulae for removal of stains,—stains on linen, wood, marble, porcelain, and the skin; and concise, pertinent, explicit general rules for the instruction of the student nurse. This is a book that will aid in standardizing nursing technique and will be most useful to nurse instructors.

**ENGLISH-FRENCH-ITALIAN MEDICAL VOCABULARY.** By Joseph Marie. P. Blakiston's Son and Company, Philadelphia, Pa. Price 50 cents.

A very timely and convenient book is this list of 5000 words in three languages for use in hospitals and camps. It is but little more than a pamphlet, which is an added attraction. Words not found in the ordinary dictionary are here: medical and camp terms, names of utensils and apparatus, phrases for food and diet. There is also included many reference tables of special value to physicians and nurses: The Metric system of weights and measures, tables of Apothecaries, Troy and Avoirdupois weights; table of European money values; phrases for directing first aid to the injured; and rules for pronunciation. A working knowledge of French and Italian will be most useful, especially "over there."